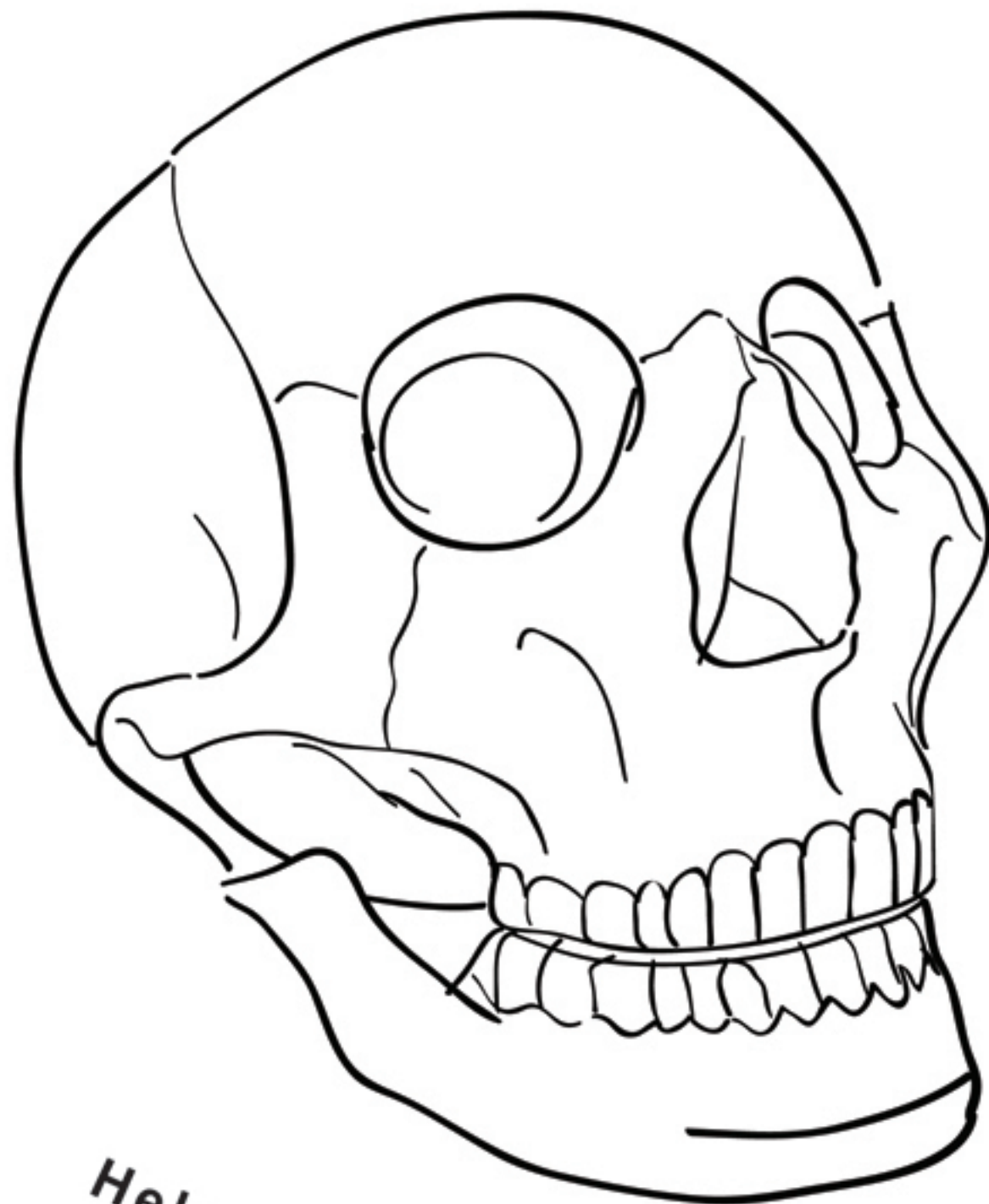


SKULL CHAIR

User Manual



Help you to assemble with Ease

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Inflation

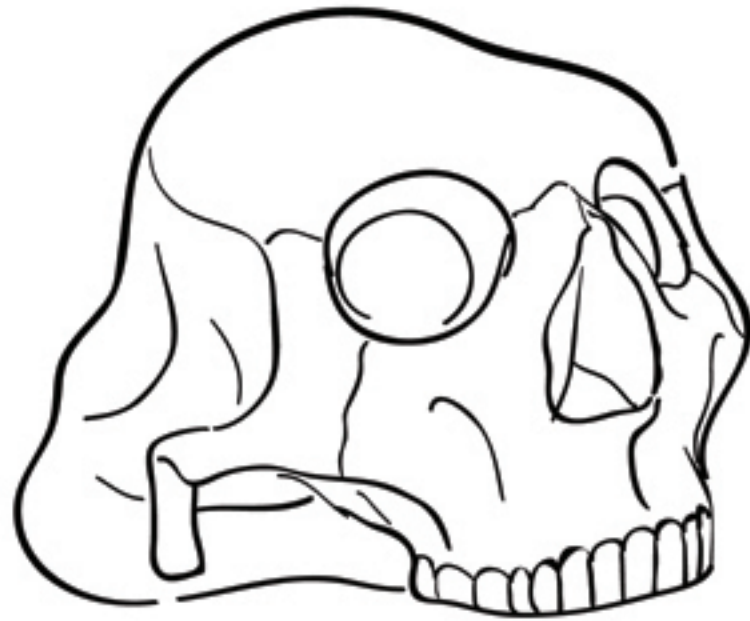
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Head bone (the backing)



Inflatable exercise ball



Joint x 2



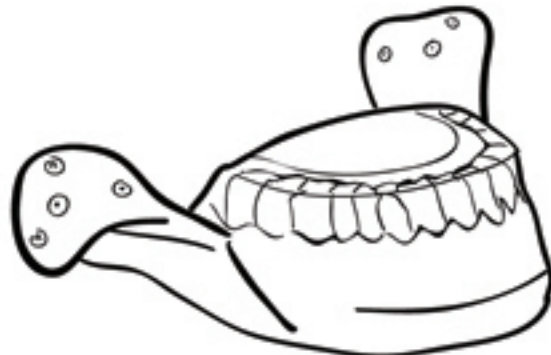
Upper support frame



Lower support frame



Water filled base



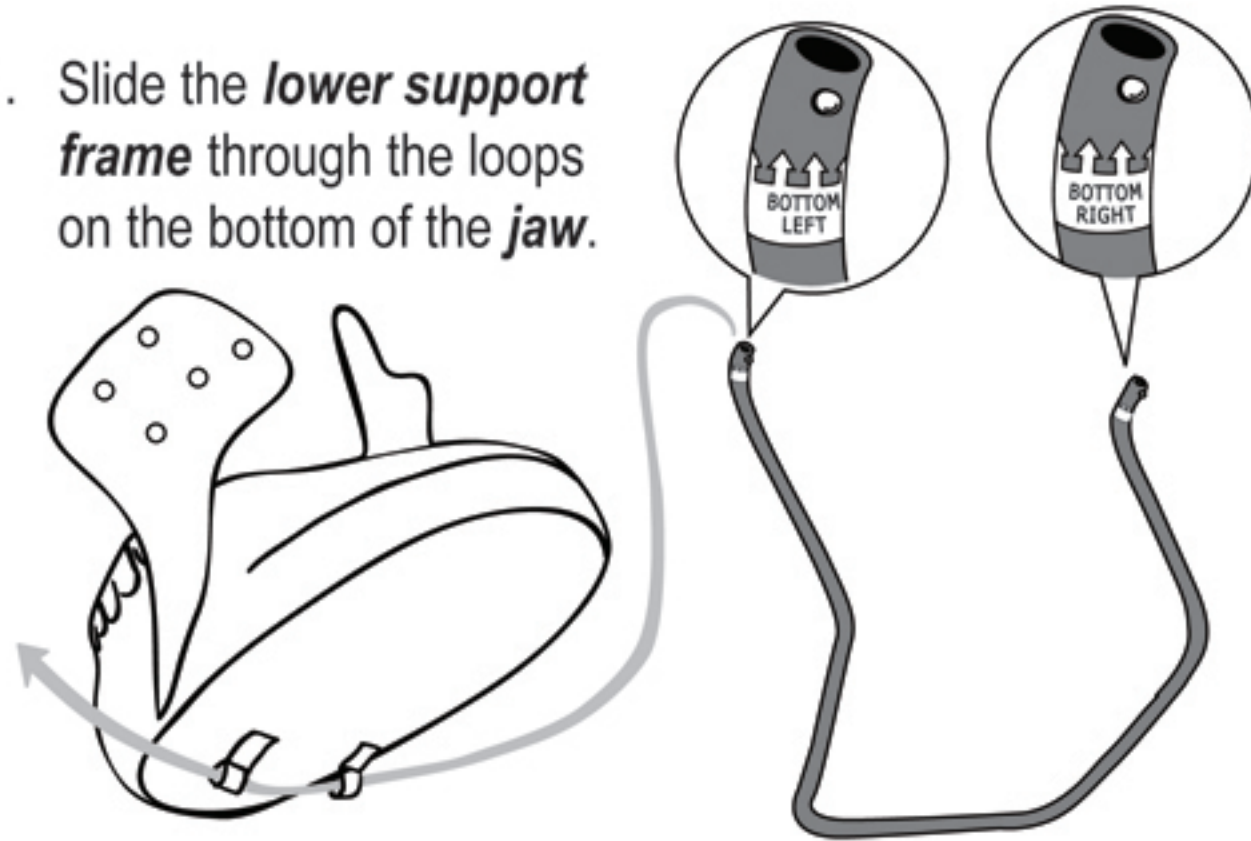
Jaw (the seat)



Pump



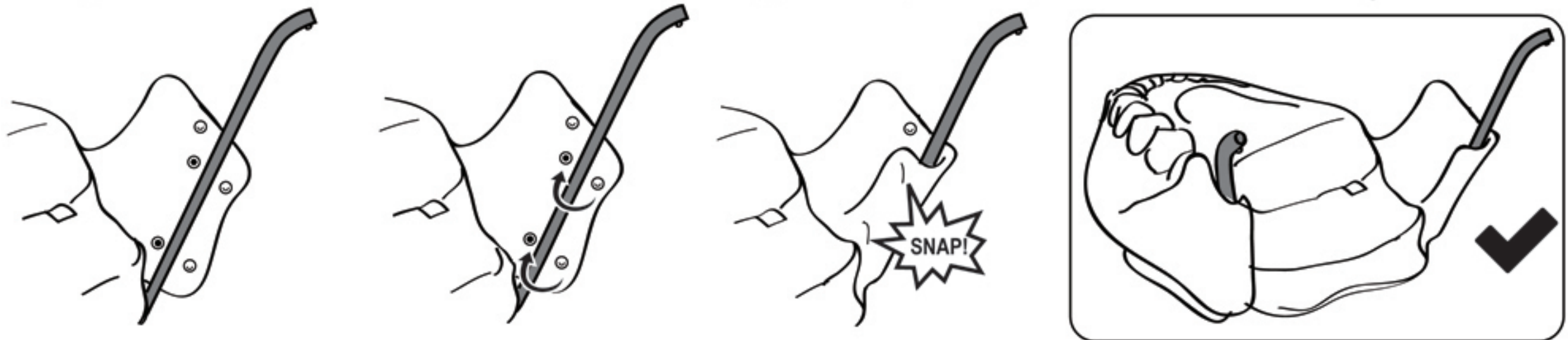
1. Slide the **lower support frame** through the loops on the bottom of the **jaw**.



2. Flip the **jaw** upside down.



3. Wrap the extended fabric around the end of the lower support frame, and snap the like colour buttons together.



Water filled based

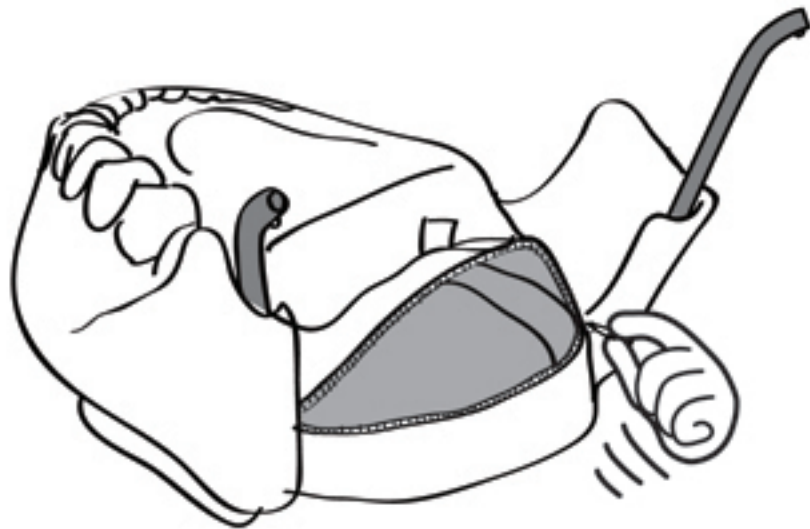


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Framed jaw

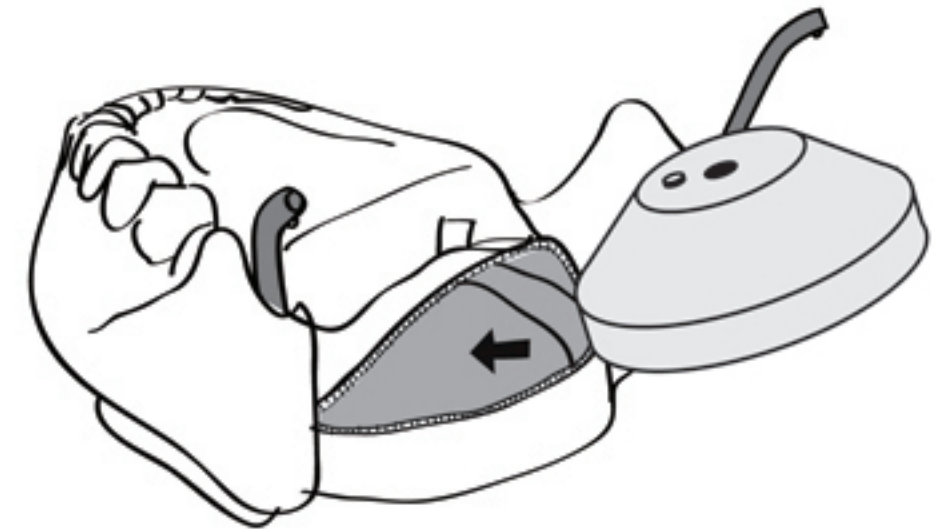
1. Unzip the *jaw*.



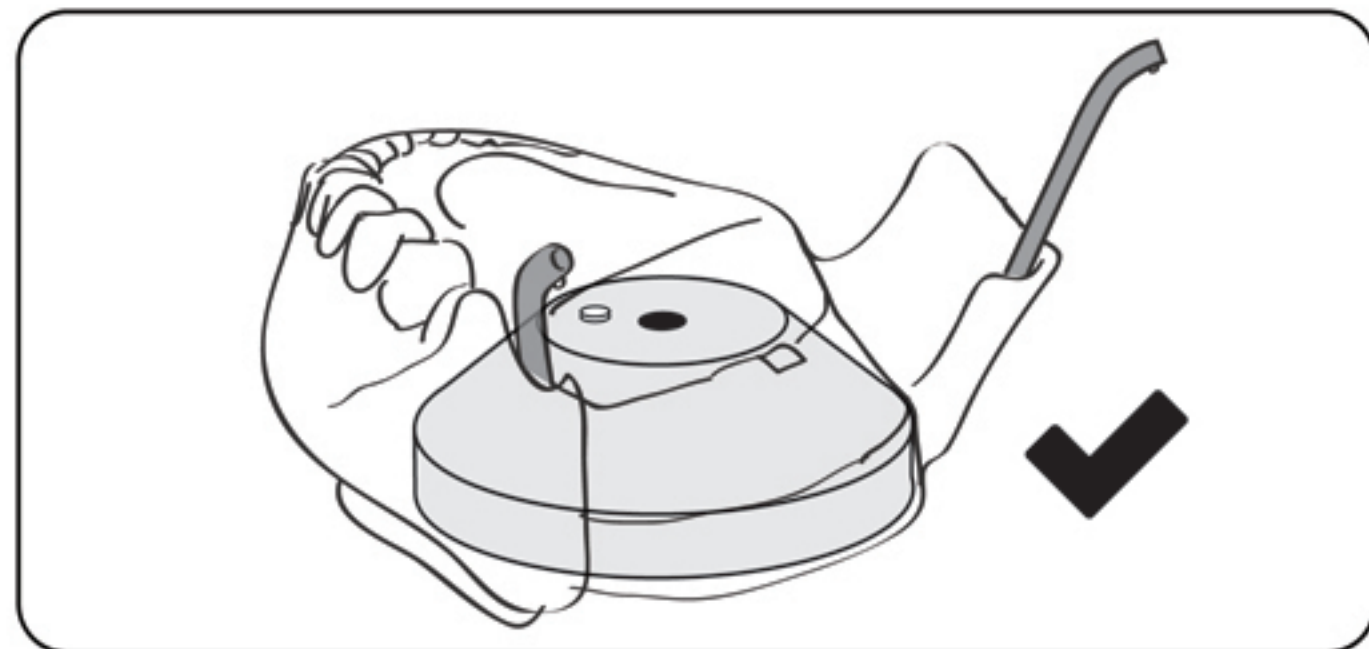
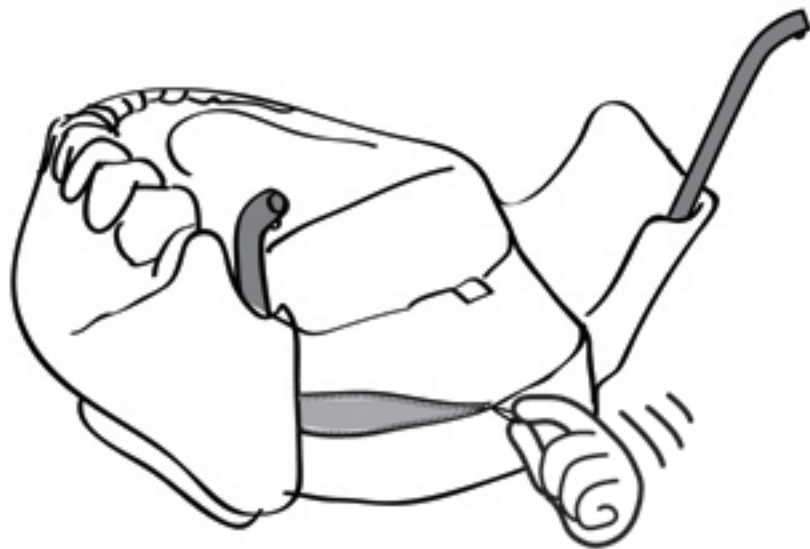
2. Fill the *base* with water.

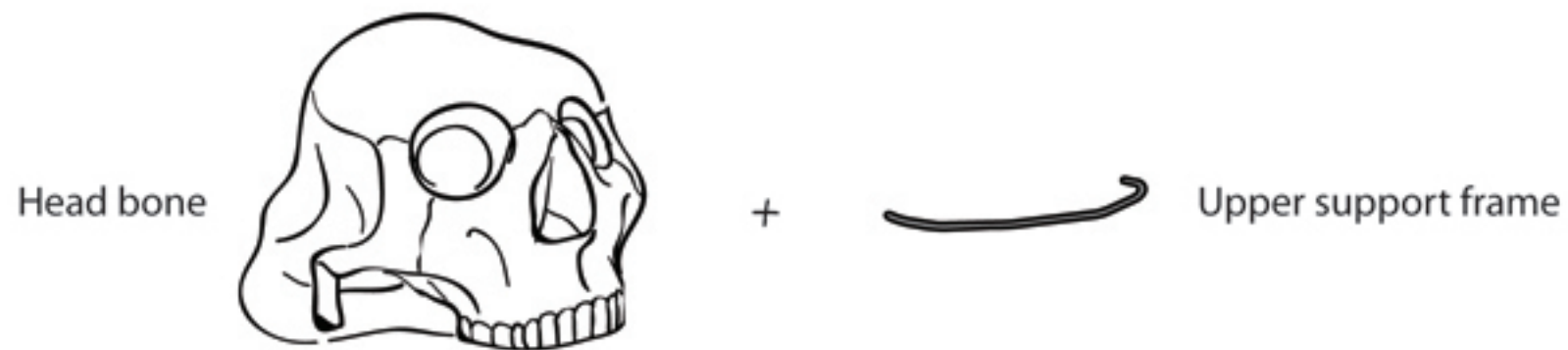


3. Insert the *water filled base* into the *jaw* from the back.



4. Zip up.



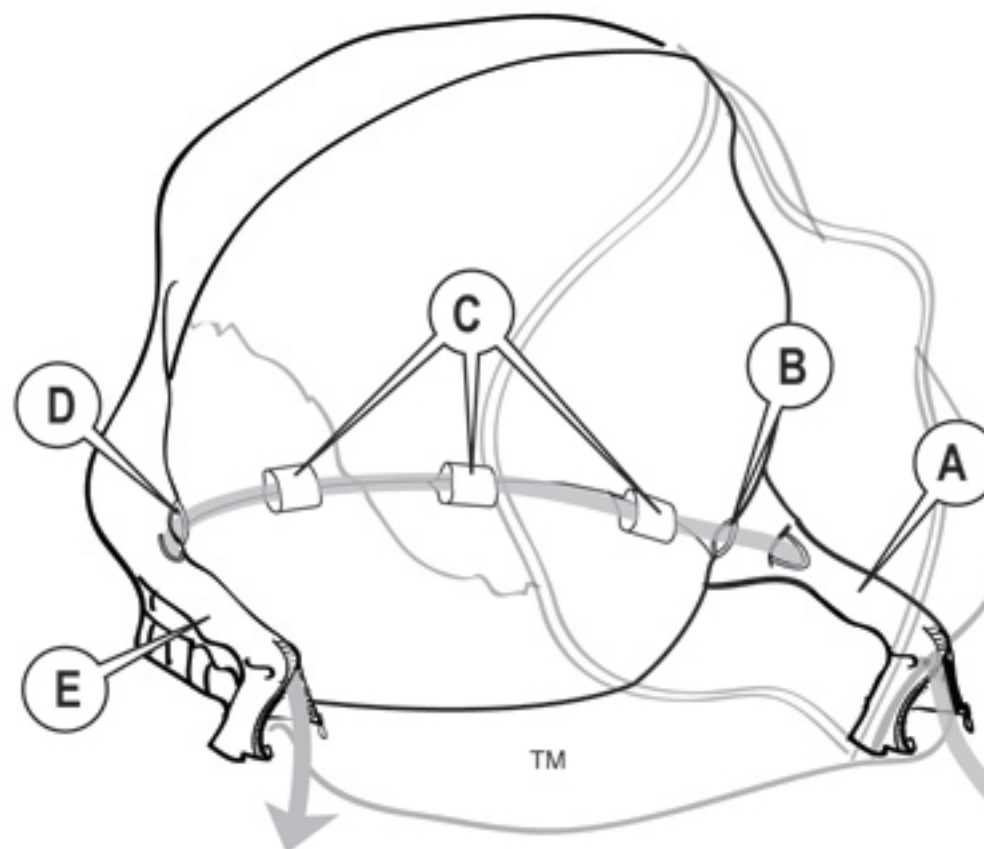
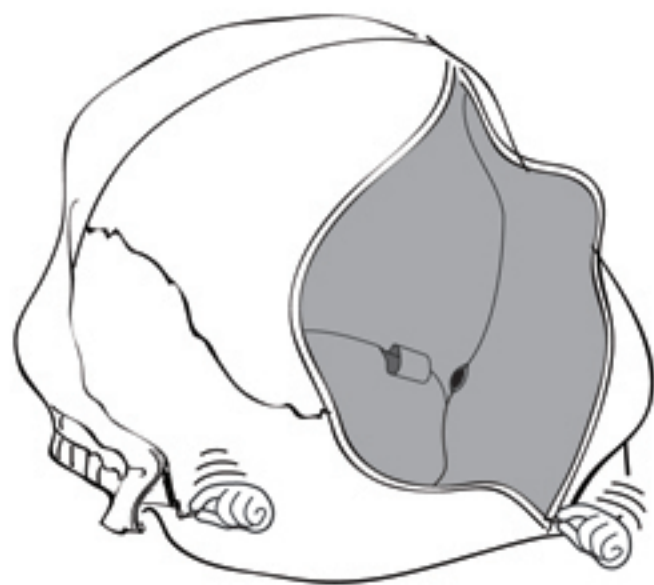


1. Turn the **head bone** around and unzip through the middle and cheek bones on both sides.

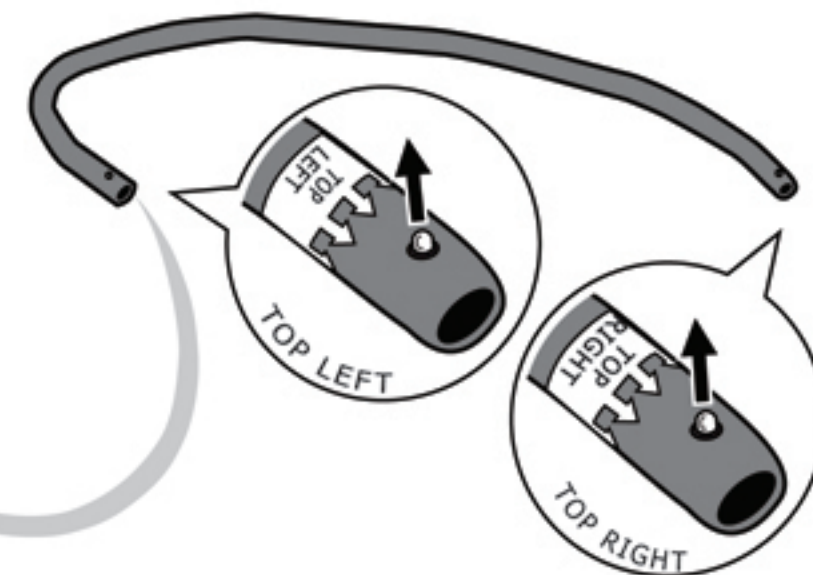
2. Insert the **upper support frame** through the **head bone**.



- A - Insert the Upper support frame through either end.
- B - Position the Upper support frame through the back of the cheek bone into the head bone.
- C - Slide through the three loops inside the Head bone.
- D - Bring the Upper support frame to the back of the cheek bone on the other end.
- E - Draw the Upper support frame to the edge and balance point A and E.



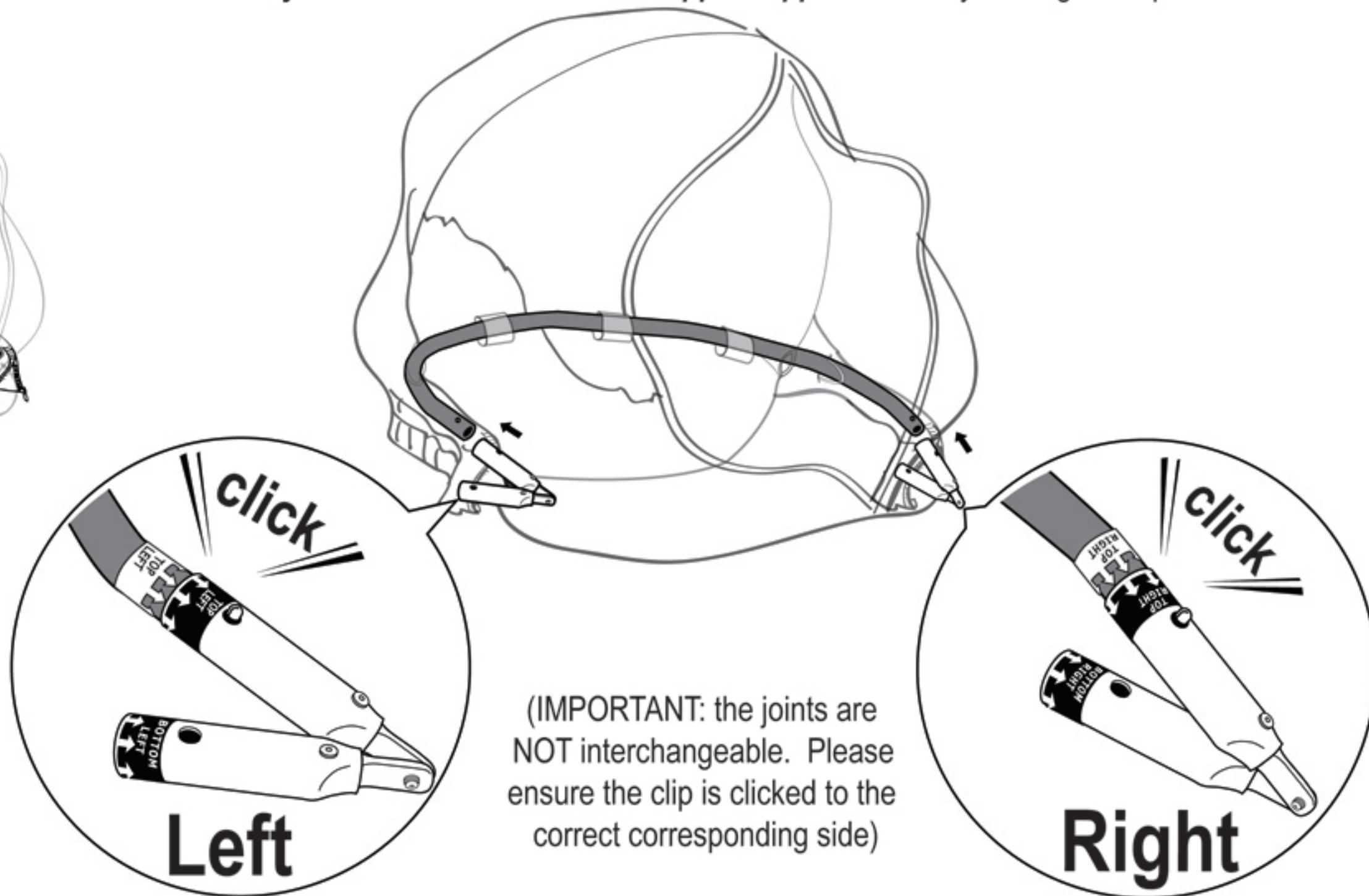
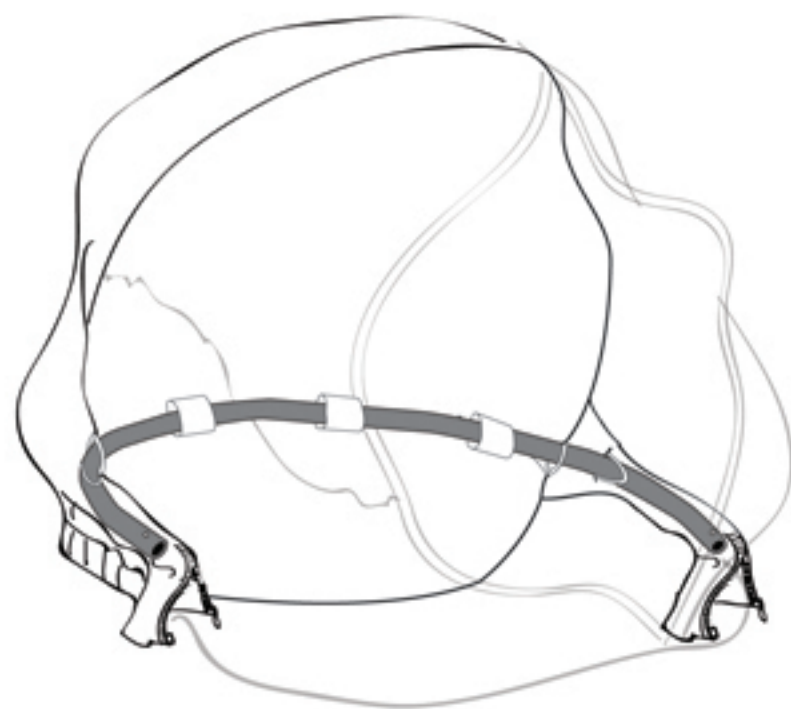
*Clip buttons on the frame should be facing upwards





3. The framed *head bone*.

4. Connect the *joints* with the two ends of the *upper support frame* by clicking the clip button.



Framed head bone with joints

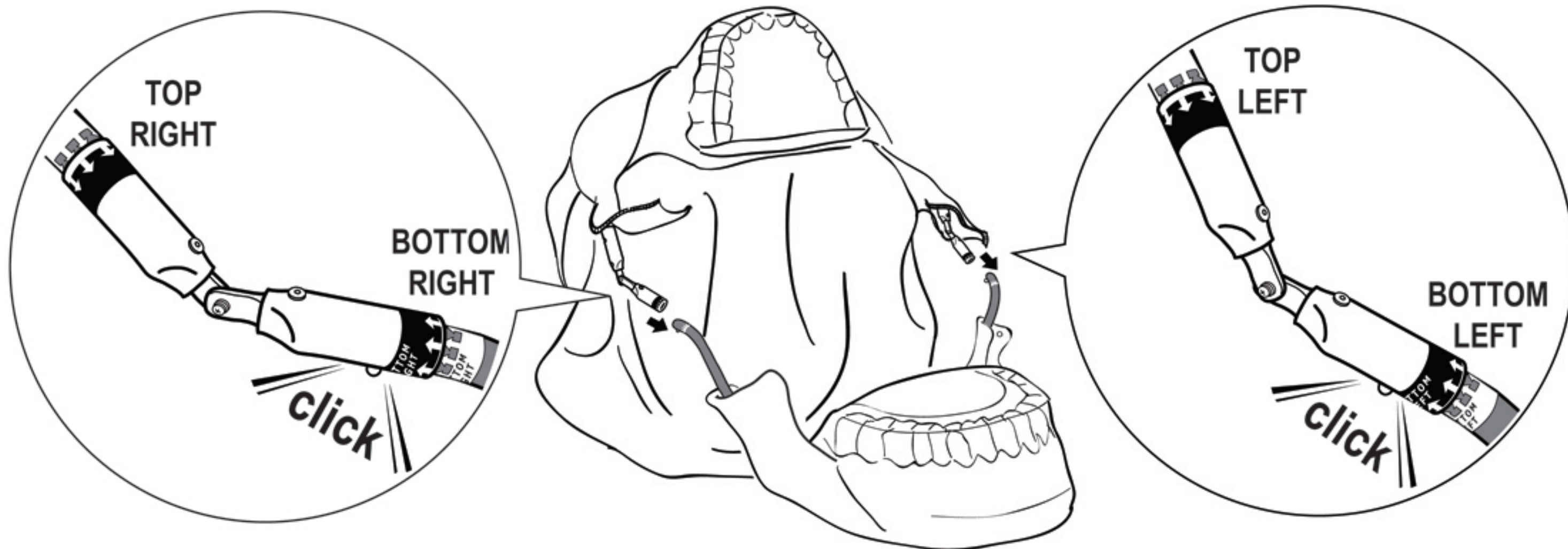


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Framed jaw with water filled based inserted

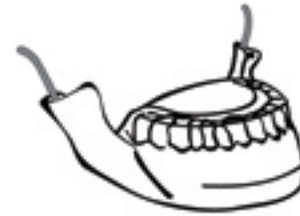
1. Connect the **upper support frame** and the **lower support frame** with the **joints** by clipping the hole on the joint with the clip buttons on the lower support frame.



Framed head bone with joints

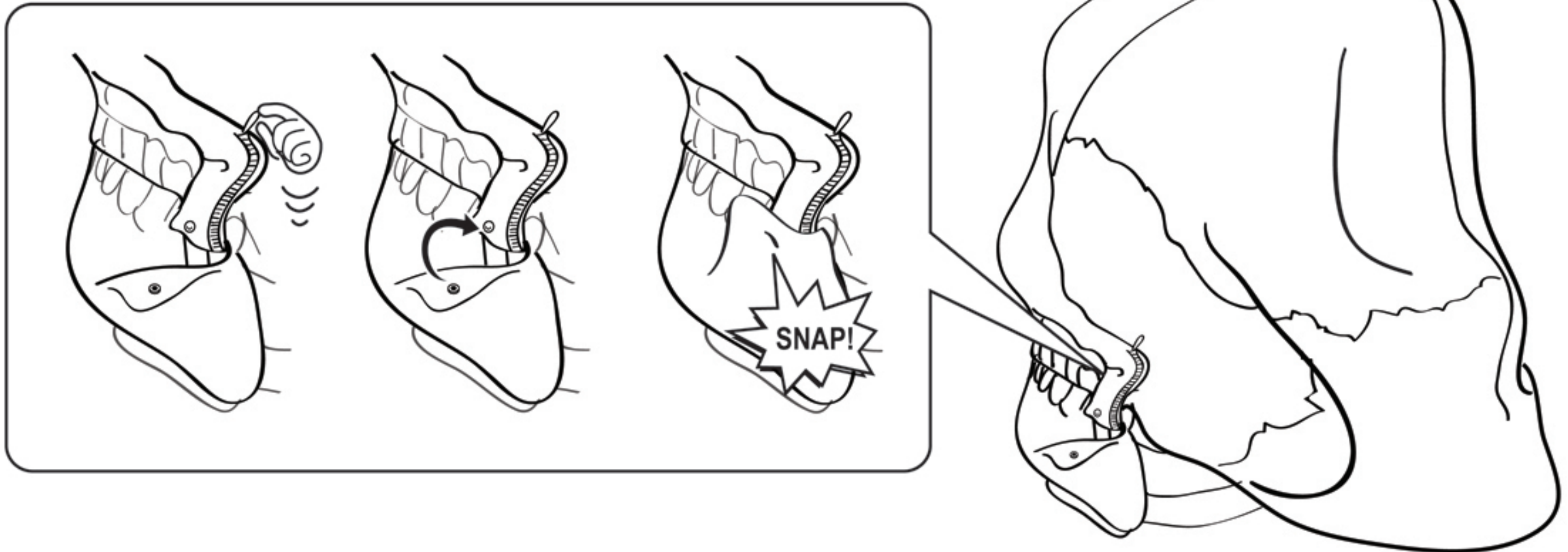


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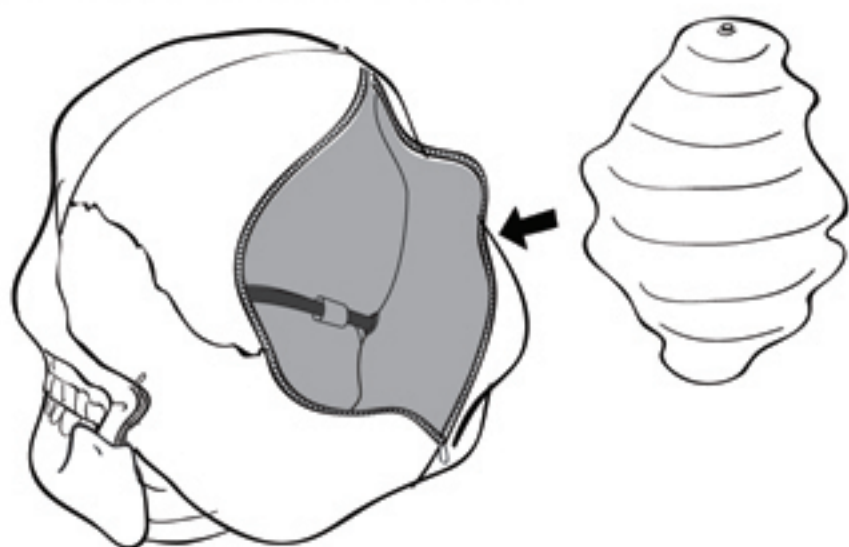
Framed jaw with water filled base inserted

1. Close the zips on the two sides of the *jaw*. Then connect the *head bone* and the *jaw* by snapping up the snap buttons.

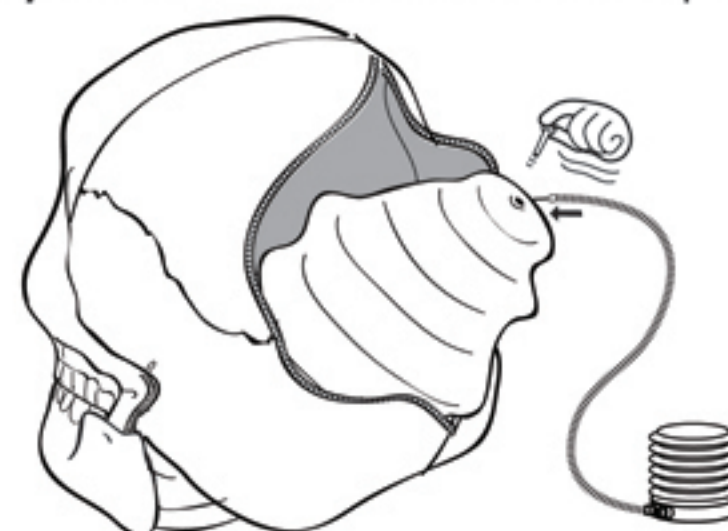




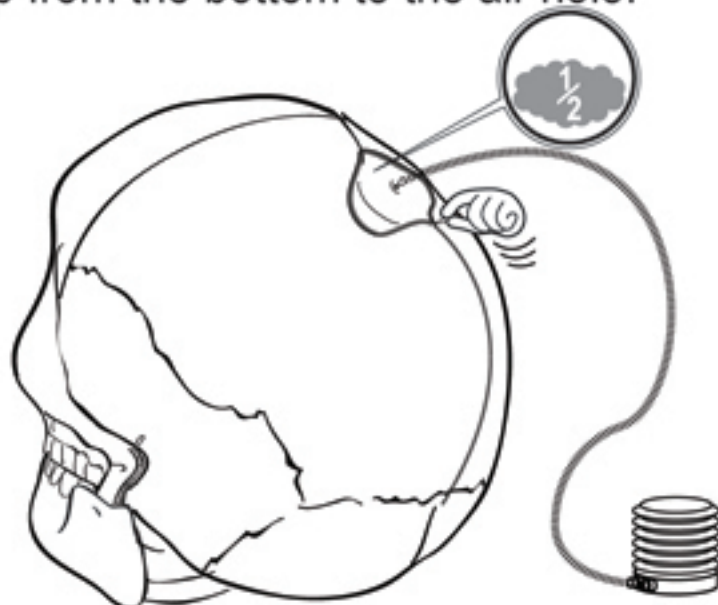
1. Unzip from the back of the **head bone** and insert the inflatable **exercise ball**.



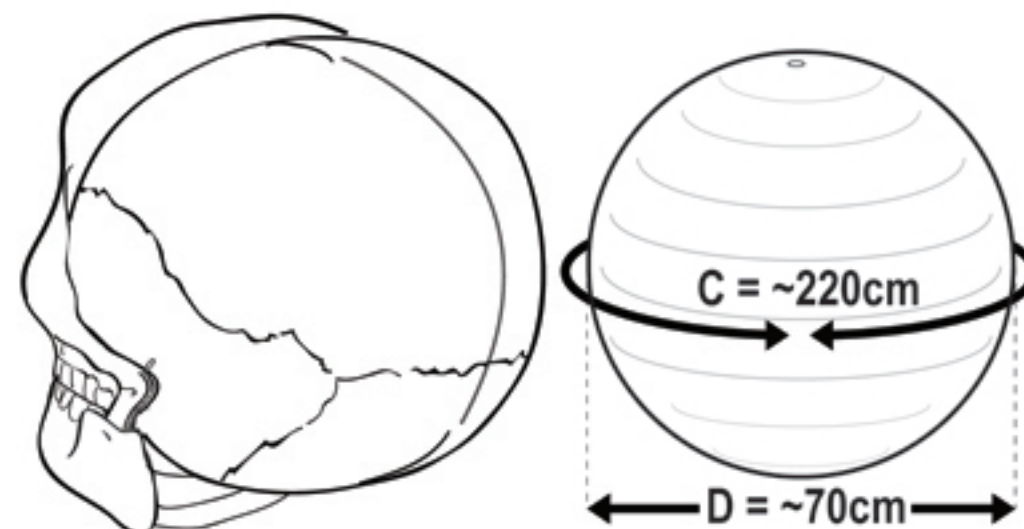
2. Unplug the stopper on the **exercise ball** and connect the **pump** with the exercise ball and start pumping.



3. When the **exercise ball** is half inflated, start zipping up from the bottom to the air hole.



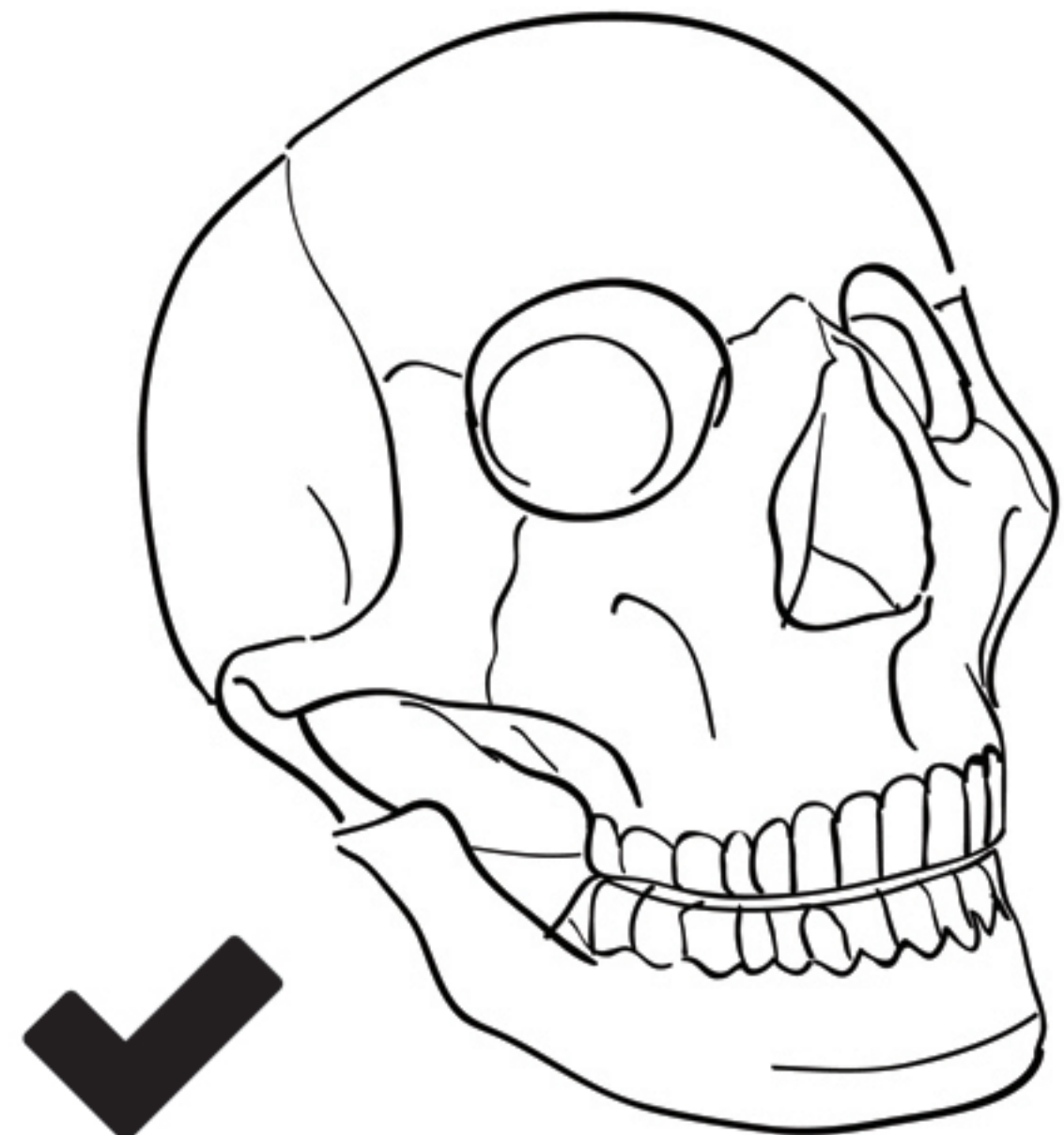
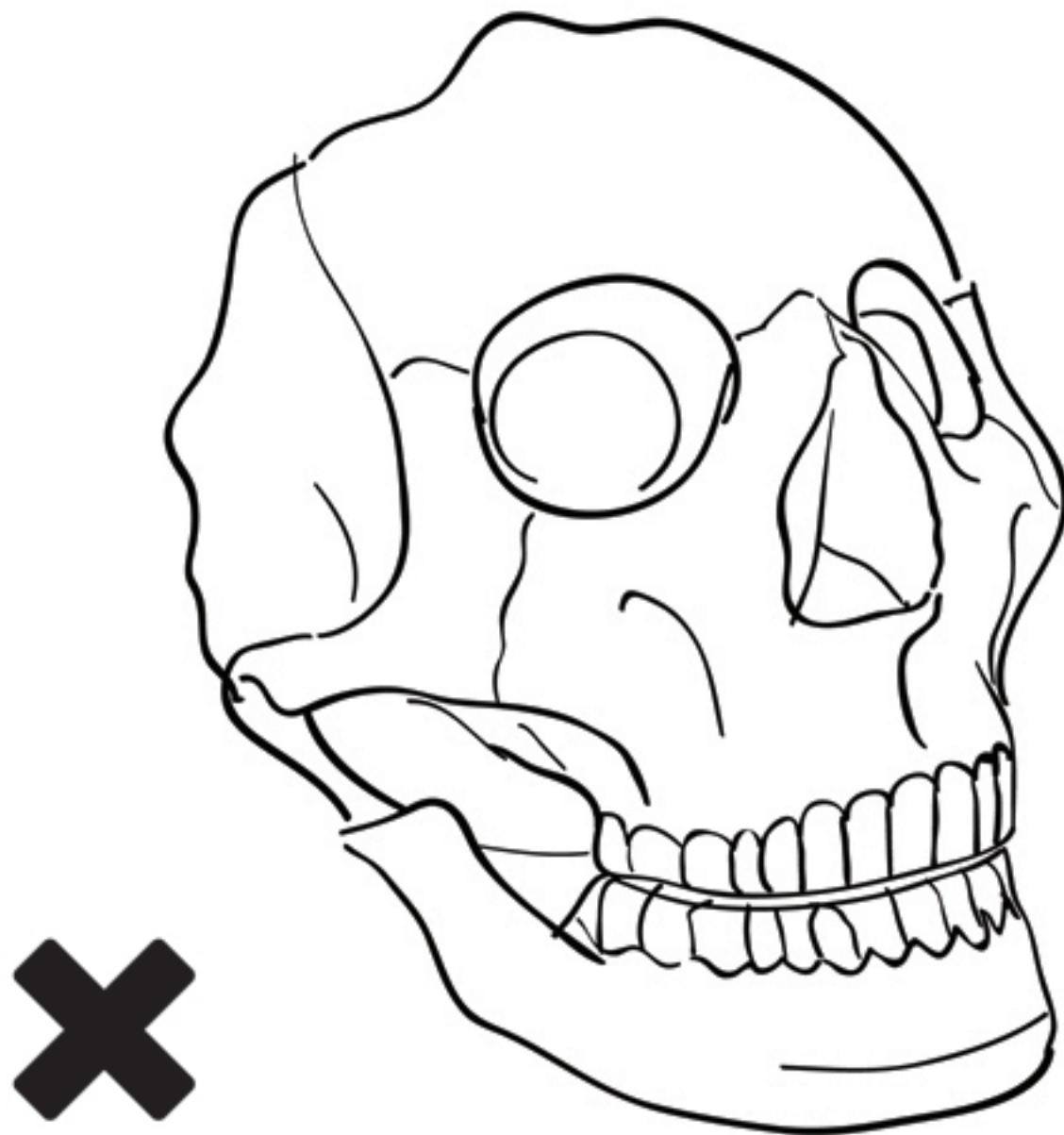
4. Inflate the **exercise ball** to approximately 70cm in diameter or 220cm in circumference.



Note: for optimal performance, it may be necessary to re-inflate the ball once or twice after the initial inflation

The exercise ball will fill up the entire skull when reaches the full capacity. The skull with a filled exercise ball should look pumped (as shown in bottom right) and not creased nor loose (bottom left). Here is a tip to fill the gym ball easily:

For the initial inflation, pump the exercise ball to 60 – 65cm diameter. Rest the ball for a few hours and allow the dense rubber wall of the exercise ball to loosen up. Re-inflate the ball again and to the full capacity and the ball should full up the entire interior of the skull



* Please make sure the frames and joints are steadily connected.

1. Flip open the jaw of the skull.



2. Enjoy!

